



# WVDSA Monthly

## Willamette Valley Down Syndrome Association

### Perspectives on Independent Living

### A Panel Discussion by FUFIL

FUFIL? What in the world is that? It stands for Families United for Independent Living, whose goal is "to provide the opportunity for adults with developmental disabilities to have a home of their own and to help them secure the support services they need to be successful in that home. They work through advocacy and leadership to raise awareness of self-determination.

"FUFIL believes in the ability of people to determine and direct their own lives. They work with the Support Services Brokerages to insure tenants have the necessary support services to be successful."

Featured in this panel discussion will be "Hendricks Place" - an apartment complex which is unique in that it has suitable supports to allow those with developmental disabilities to become an integrated part of their community.

Hendricks Place is located in McMinnville and is, hopefully, the first of many similar facilities sponsored by various local agencies (Hendricks Place is under the Housing Authority

of Yamhill County). Another such facility is being built in Newberg, Oregon.



Hendricks Place, McMinnville

Joining our panel are Pat Britton (mother of Peter, a resident of Hendricks Place), Marge Turner (mother of Teresa, who also lives at Hendricks Place), and Nancy Keim (one of FUFIL's leaders). Both Peter and Teresa have Down syndrome.

You may be asking yourself, "My child is so young; why should I be worrying about independent living at this point in his/her life?" I'm sure any parent of an adult with Down syndrome will tell you that time moves by at a rapid pace and, before you can turn around, that infant or toddler with Down syndrome will be approaching the age where

independent living must be considered.

People such as those who belong to FUFIL are the "movers and shakers" getting things moving—not just for their own adult children with Down syndrome and other disabilities, but the future generations of young adults who will be coming along later. This is the time to start thinking about your child's future and the kind of living situation you will be wanting them to have access to.

This special edition of the WVDSA Monthly is being mailed to you mid-month, because the meeting at which FUFIL will be speaking next month is a week earlier than usual and is at a totally new location! Here are the specifics:

**Tuesday, October 10, 2006**  
**Keizer Fire District Boardroom**  
**661 Chemawa Road NE**  
**Keizer, OR 97303**  
**7:00 PM**  
**Refreshments provided**  
**Childcare will be available**

**For more information, call Keri Prince at 503-835-0642**

**WVDSA**  
**PO Box 8098**  
**Salem, OR 97303-8098**

Volume 6—Special Edition:  
Post-Buddy Walk

September 22, 2006

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**WVDSA Website:**  
<http://www.wvdsa.com>

## Comin' Around the Corner

### Directions to October Meeting

From I-5: Take Pacific Hwy East/Oregon 99E exit (#258). Turn left onto Portland Road NE/OR-99E/Pacific Hwy E. Continue .3 miles to Hyacinth Street NE. Follow for .7 miles, until it becomes Verda Lane NE, and go another .8 miles. Turn left onto Chemawa Road NE and go .5 miles until you reach 661 Chemawa Road NE. The board room is on the back side of the building, with adequate parking available.

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Report on Buddy Walk Donations, so far: The total is approaching \$8,000, including a generous donation from the Weyerhaeuser

"WAVES" group (the ones in turquoise shirts)!

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Our "webmistress", Theresa Filtz, would like you to send her your digital photos for the new website. These can be pictures of your child, your family, activities you have done, WVDSA events, or anything you want to share.

Send them to her at:

[tfiltz@comcast.net](mailto:tfiltz@comcast.net) or  
[wvdsa@peak.org](mailto:wvdsa@peak.org)

and she will take it from there. If possible, let her know the names of those in the pictures and what the picture is depicting. We're in the process of upgrading the website, so the pictures will help make it

very attractive and inviting to those looking for information about Down syndrome in general and our group in particular.

If you have any questions, call Theresa at **541-753-3698**

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Stay tuned for more information about our November meeting, which is supposed to be a fund-raising pizza party at Papa's Pizza in Salem. More details will be in the October newsletter.